

RUCF PRODUCT FACTSHEET

Leading the world in the prevention and treatment of malnutrition

COMPANY OVERVIEW

We believe that market based solutions, which create and nurture consumer demand for good nutrition in low-income populations, are the key to ending global malnutrition. This entails a significant change from the traditional aid and supply driven model.

VALID Nutrition's Mission is to improve global health and nutrition with innovative, equitable and evidence based high impact solutions – that appeal to and empower individuals as consumers, thereby aligning social impact with the generation of revenue.



Ready-to-Use Complementary Food (RUCF)

- Small Quantity Lipid-based Nutrient Supplement (SQ-LNS)
- Prevent stunting / chronic malnutrition
- Infants from 6 to 24 months
- One 20g sachet / day / child
- Designed to supplement the local diet without replacing breastfeeding. Can be used for home fortification programmes

LNS-SQ: Lipid-based Nutrient Supplement Small Quantity For children 6-24 months atrisk of chronic malnutrition I sachet = 106 kcal



COMPOSITION

Peanut, milk powder, vegetable oils, emulsifier, sugar and a vitamin and mineral premix.

No preservatives, flavours or colorants

NUTRITIONAL VALUES

20g RUCF provides:

- 106kcal energy
- 2.6g proteins (1.7g from dairy)
- 9.9g carbohydrates
- 6.2g fat



• Usage: can be eaten directly from the pack and is safe to use in the home without medical guidance

- Unit Dose: 100% goes to target consumer
- Safety: no risk of microbiological growth and activity as a result of very low water content. No mixing with water (contamination risk) and no loss of nutrients through cooking process
- Shelflife: up to 12 months in an unopened pack without the need for refrigeration, as long as it is stored below 30 °c in a dry hygienic place away from direct sunlight

MINERALS AND VITAMINS	UNIT	PER 20G	PER 100G
Sodium	mg	<54	<270
Potassium	mg	110-200	550-1000
Calcium	mg	267.4-344	1337-1720
Phosphorous (b)	mg	225-315	1125-1575
Magnesium	mg	60-90	300-450
Iron	mg	5-6.4	25-32
Zinc	mg	5.4-6.6	27-33
Copper	mg	0.6-0.88	3.0-4.4
Selenium	mcg	9-11	45-55
lodine	mcg	40-57	200-286
Vitamin A	mcg re	0.54-0.72	2.7-3.6
Vitamin D	mcg	8-10	40-50
Vitamin E	mg	8-10	40-50
Vitamin K	mcg	13.4-20	67-100
Vitamin B1 (thiamine)	mg	0.5-0.75	2.5-3.75
Vitamin B2 (riboflavin)	mg	1.04-1.58	5.2-7.9
Vitamin C	mg	40-50	200-250
Vitamin B6	mcg	0.9-1.35	4.5-6.75
Vitamin B12	mcg	1.35-2	6.75-10
Vitamin B9 (folic acid)	mcg	150-170	750-850
Vitamin B3 (niacin)	mg	7-9.6	35-48
Vitamin B5 (pantothenic acid)	mg	2-3	10-15
Vitamin B7 (biotin)	mcg	30-40	150-200

PACKAGING
Carton

Carton 10.92 kg net weight carton of 546 sachets. One carton is sufficient to provide the necessary nutritional supplements for 5 children for 4 months	Sachet Dimensions: Packaging: Labelling:	92 mm x 45 mm Aluminium laminate foil printed according to customer requirements. Product description, directions of use and storage, unit weight, name and address of manufacturer. Batch code, manufacture date and best before dates
for 5 children for 4 months.	Coding:	Batch code, manufacture date and best before dates.